

MOVEMENT CONTROL ORDER (MCO)

5 FEBRUARY - 18 FEBRUARY 2021

(SARAWAK - SIBU: 30 JANUARY - 14 FEBRUARY 2021 |

KAPIT & SONG: 2 FEBRUARY - 15 FEBRUARY 2021)

PENINSULAR MALAYSIA, THE FEDERAL TERRITORY OF LABUAN, SABAH AND SIBU, KAPIT & SONG - SARAWAK
(PLEASE REFER TO THE RESPECTIVE MKN MCO SOPS FOR SABAH AND SIBU, KAPIT & SONG SARAWAK)

MAJLIS KESELAMATAN NEGARA GENERAL STANDARD OPERATING PROCEDURES AS OF 12 FEBRUARY 2021



All activities with the exception of activities in the **ESSENTIAL SERVICES LIST** are **PROHIBITED**

PERMITTED ACTIVITIES

Movement Restrictions

Only 2 persons per household may leave the house to purchase basic and daily necessities from nearby supermarkets or grocery shops within a 10km radius.

- Only a maximum of 3 persons (including the sick patient) may leave the house to receive healthcare services/medical aid within a 10km radius from either their residential place or the nearest medical centre/clinic.

- For traveling back and forth to the workplace - according to the capacity of the vehicle.

- Interstate travel is allowed for long-distance married couples with prior permission and approval from PDRM.

- Movement in/out of the MCO area for emergencies such as in cases of death & natural disasters.

- NGO movement in aiding calamities/humanitarian crisis will require permission from PDRM and the aid is to be extended via Pusat Kawalan Operasi Bencana (PKOB) under NADMA.

- Reciprocal Green Lane (RGL) and Periodic Commuting Arrangement (PCA) travel scheme between Malaysia and Singapore will continue.

Movement Restrictions: Education & Examinations

- Students and candidates sitting for SPM in 2020 and 2021, STPM, SVM, STAM, SKM, DVM, Assessment Admission to Special Schools (for Form 1 and Form 4), and equivalent international examinations are allowed to attend schools across the MCO/CMCO/RMCO areas.

*Movement can be accompanied by 1 guardian

- Movement of lecturers/teachers/teaching staff for examination classes is allowed with the relevant Ministry's approval.

- Matriculation colleges are allowed.

Students in boarding schools/universities/institutions are allowed to be in the boarding school/university/institution and continue hybrid learning.

- International examinations, professional bodies, and research activities that require laboratory facilities in Institutions of Higher Education are allowed.

Day Care Centres

- Childcare centres, nurseries, kindergartens, disabled (OKU), elderly, and women daycare centres are allowed to operate with the approval to operate from the relevant Ministry/Agency.

- Parents/guardians are allowed to send their children to daycare centres based on the capacity of the vehicle.

Sports/Recreational Activities

- All sports and recreational activities are limited to only 2 people without crossing district/state.
- Only premises/facilities with supervision during operating hours limited to gyms/sports centers, badminton/ping pong/tennis/futsal/kick volleyball/basketball courts, football/hockey fields, driving circuits, and golf course (including driving range) may be used up to a 30% capacity. Usage of facilities must be by booking, no walk-ins.
- The existing quarantine-based centralised training program carried out by the National Sports Council and States Sports Council can continue under the concept of "Camp Quarantine-Based Training". Accommodation, Movement, and Training of athletes must strictly adhere to the SOP.
- Championships/Tournaments in MCO areas according to the 'Sports Bubble' Model is limited to the Malaysian Football League (MFL), Malaysian Hockey League (MHL), and the Sepak Takraw League (STL) without the presence of audiences. Cross-district or interstate travels of athletes, coaches, and sports personnel involved in the tournaments are subject to the approval of PDRM.
- Recreational fishing is allowed during MCO according to the SOP issued by the Department of Fisheries.
- Driving Institutes and Flight Training Centers are allowed to operate during MCO according to the SOP issued by the Ministry of Transport.

Muslim Activities in Mosque/Surau

Allowed according to the Guidelines issued by State Religious Authorities.

Activities in Other Religious Places

- All other States - subject to the approval of the Ministry of National Unity.
- For Wilayah Persekutuan Kuala Lumpur, Putrajaya, and Labuan - subject to the approval of the Ministry of Federal Territories.

Worksite Capacity

Only 30% of employees in the management group are allowed to work from site. Employers may determine the number of employees while practicing physical distancing and public health protocols at the workplace.

State Assemblies

Members of State Legislative Assemblies and Parliament are allowed to travel across respective districts and states for official purposes or for visitation.

Operations from

6am to 10pm:

- Restaurants, shops/food stalls, food trucks, street vendors, mobile vendors, food court/complex and roadside stalls/kiosks - *Dine-in limited to 2 people per table with a minimum physical distancing of 1 meter, take-away food, drive-throughs, or deliveries are allowed for food services*
- Sundry shops and convenience stores selling daily necessities (i.e. groceries)
- Animal clinics and shops selling pet food
- Pharmacies
- Laundrettes and self-service laundrettes
- Optical shops
- Barbershops/hairdressing salons
- Car wash facilities

Other Hours of Operation:

- 24 hours or according to operating license for hospitals, clinics, and medical laboratories
- Petrol stations from 6am - 10pm (Exception: 24 hours for highway stations)
- Daily markets, weekly markets, public market, and farmers' markets from 7am - 2pm
- Night markets from 4pm - 10pm
- Wholesale markets from 12am - 6am and 11am - 4pm

PROHIBITED ACTIVITIES



- Physical meeting of Government and private agencies involving the attendance of external agency's representative (must be conducted using video conference).
- All Seminars/ Workshops/ Courses/ Training/ Conferences/ Talks/ Exhibitions and all related activities of Meetings, Incentives, Conventions and Exhibitions (MICE).
- Government and private formal and informal events, social events such as *kenduri-kendara*, wedding and engagement reception, *majlis aqiqah*, *doa selamat*, *tahlil*, birthday celebration, anniversary celebration, reunion, retreat, and other social events.
- Traveling in/out of MCO areas and in EMCO areas.
- Other sports facilities such as club house (except for registration purposes), changing rooms, sauna and jacuzzi are prohibited.
- Sports group classes are not allowed.

The above is gathered from the updated Movement Control Order General SOP issued by the National Security Council on 12 February 2021.