

PHASE ONE OF THE MOVEMENT CONTROL ORDER UNDER THE NATIONAL RECOVERY PLAN

STARTING FROM 20 AUGUST 2021

MAJLIS KESELAMATAN NEGARA GENERAL STANDARD OPERATING PROCEDURES AS OF 3 SEPTEMBER 2021

THE GENERAL SOP IS APPLICABLE IN KEDAH, SELANGOR, JOHOR, W.P KUALA LUMPUR AND W.P PUTRAJAYA.

*FOR AREAS UNDER ENHANCED MOVEMENT CONTROL ORDER (EMCO), THE EMCO SOP IS EFFECTIVE UNTIL ANNOUNCED OTHERWISE.

PERMITTED ACTIVITIES

Restriction in Movement

- No inter-state and inter-district travel except for long distance married couples and parents/guardian who have children below 18 years old provided that they are fully vaccinated. PDRM approval is required together with relevant documents.
- Movement in/out of the MCO area for emergencies such as in cases of death & natural disasters, with PDRM approval.
- Capacity for vehicles carrying goods as well the chain of economic or industrial activities (except transportation of workers) depends on vehicle registration license.
- Capacity for official government vehicles according to vehicle capacity.
- Inter-state and inter-district travel for vaccination purposes is allowed with proof of appointment details.
- Short term business visit is NOT ALLOWED except with PDRM approval.
- MPs and State Legislative Assemblies allowed to travel across respective districts and states for official purposes or for visitation.
- For shopping complexes/supermarkets/department stores, customers only need to perform a body temperature scan once at the entrance of the complex and not at every business premise under one complex.
- Employers, employees, customers and visitors are required to check-in through MySejahtera (or write information manually-no internet access) before entering any government, private or personal office.
- Children below the age of 17 are discouraged from being in public places and facilities

Travel & Health

- Only 2 pax per household are allowed to go out for food, medicine, dietary supplements and essential items.
- Maximum of 3 pax including the patient allowed to travel for purposes of obtaining health or medical care, medicine, swab tests, vaccination programs and security and emergency purposes.
- Number of passengers in private vehicles, taxis and e-hailing limited to 2 pax only (including driver). Passengers to sit in the back passenger seat.
- Public transportation services are allowed to operate based on 50% of vehicle capacity (operating hours and frequency is according to Ministry of Transportation) except for flights.

Education

- Public and Private Institutes of Higher Education, Skills Training Institutes, Tahfiz Centres and other education institutes are NOT ALLOWED.
- All schools under KPM, private education institutes categorised as private kindergartens, schools and centres, and other educational institutes registered under KPM are NOT ALLOWED.
- Only international and expatriate school students involved in international examinations allowed to be present to sit for the examinations according to the set examination schedule.
- International examinations, professional bodies and research activities that require laboratory facilities in Institutions of Higher Education are allowed.

Economic and Business Sectors

- All essential economic and business sectors approved by the relevant Ministries/Agencies can operate during MCO period.
- Activity and services in all airports and ports.
- Face to face critical interviews allowed.
- For civil service, it is subjected to the current instructions of Chief Secretary to the Government of Malaysia.
- Attendance capacity of employees for the civil service is limited to only 40% for essential work (excluding frontliners, security and defence personnel) and 100% Work From Home (WFH) basis for those who are not in essential services. Must be accompanied by official government documents and employee pass.
- Capacity of attendance in the private sector for essential services with letter of approval from the relevant ministry effective from 1 June 2021, which includes operation and management is limited to 60% only. Must be accompanied by registration/operational approval letter and employee pass/employer confirmation letter.
- Government service counters are allowed to operate physically from 1 July 2021 involving:
 - a) Services that cannot be performed online;
 - b) Counter staff capacity does not exceed 50%;
 - c) Physical customer presence only through scheduled appointments.

MALAYSIAN AND NON-MALAYSIAN TRAVELLERS

- Individuals returning/arriving from abroad and have not been fully vaccinated are required to undergo quarantine at a designated quarantine centre and subject to KKM's risk assessment.
- The mandatory quarantine period for travellers for all countries is 14 days with a 7-day extension if necessary, which is based on the results of the risk assessment conducted on the 14th day.
- Travellers are required to carry our self-assessment daily through the Home Assessment Tool (HAT) in the MySejahtera app till the end of their quarantine period (be it 14 days or 21 days from date of arrival)
- Travellers are required to undergo COVID-19 testing (RT-PCR COVID-19) upon arrival at the country's international border gates. Travellers are required to undergo another round of COVID-19 testing (RT-PCR COVID-19) on Day 10 or Day 18 (for travellers undergoing 21 Days Quarantine)

Day Care Centres

- Childcare and day care centres, nurseries, kindergartens and child development centres for children between 4 to 6 years NOT ALLOWED except for children where both parents and guardians are frontliners and work in essential services sectors.
- Various daycare centres such as for the disabled (OKU), senior citizens and women are allowed to operate.

Sports and Recreation

- Individual and non-contact sports and recreational activities in open areas limited to jogging, cycling, recreational activities like skateboarding and inline skating, etc and exercise only with social distance of at least 2-3 meters and within residential neighbourhoods within the same district from 6am-8pm only.
- Operation of open public parks is subject to local authorities' directive.



Hours of Operation

Operations from 8am to 8pm:

- Grocery and convenience stores.
- Shops selling daily necessities such as hardware stores, workshops, baby goods store and religious goods store.
- Supermarkets, hypermarkets and departmental stores.
- Pharmacies, personal care stores, convenience stores and mini marts.
- Animal clinics and shops selling pet food.
- Laundrettes, self-service laundrettes & optical shops.
- E-Commerce (all product categories).
- Wholesale and distribution (essential goods and services only).

Other Hours of Operation:

- Restaurants, shops/food stalls, food trucks, street vendors, mobile vendors, food court/complex and roadside stalls/kiosks for takeaway, drive throughs and deliveries only from 6am-10pm.
- Daily and public markets from 6am-4pm.
- 24 hours or according to operating license for hospitals, clinics and medical laboratories
- Controlled Fresh Markets from 7am-12pm.
- Permanent Farmers' Markets, MyFarm Outlets and Area Farmers Organisation Complexes from 6am-4pm.
- Wholesale markets from 12am-6am and from 11am-4pm.
- Morning markets and Farmers' Market from 7am to 11am (for fully vaccinated individuals only)
- Petrol stations (Exception: 24 hours for highway stations) from 6am-8pm.

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PERMITTED ACTIVITIES FOR VACCINATED INDIVIDUALS

Individuals are deemed fully vaccinated if they fulfil the following criteria:

- Double dose vaccination such as Pfizer, AstraZeneca, Sinovac, Moderna and Sinopharm: 14 days after the second dose vaccination
- Single dose vaccination such as Johnson & Johnson and CanSino: 28 days after vaccination dose



MALAYSIAN AND NON-MALAYSIAN TRAVELLERS



Malaysian citizens and Non-Malaysian citizens with a residence in Malaysia (including PR and Malaysia My Second Home) returning or arriving from abroad and who are fully vaccinated, are allowed to undergo home quarantine and will be given a digital Home Surveillance Order (HSO) subject to requirements set by the Ministry of Health Malaysia (MOH).



MARKETS



Morning Market, Farmer's Market, Night Market & Weekend Market are allowed to operate for fully vaccinated individuals. Customers must show Digital COVID-19 Vaccination Certificate before being allowed to enter.



DINE - IN



All restaurants including those located in Hotels, Sports and Recreational Club Houses, Food Shops, Food trucks, Road Side Vendors, Food Courts & Kiosk are allowed to prepare dine-in services in line with the conditions below:

- Customers must be fully vaccinated and are not exhibiting any conditions.
- Business premise owners must display at the entrance of the premise, a notice allowing only fully vaccinated customers.
- Only workers that are fully vaccinated and not exhibiting any conditions are allowed to work according to vaccination rates as below:
 - (a) 40% : Allowed to operate at 60% capacity
 - (b) 60% : Allowed to operate at 80% capacity
 - (c) 80% : Allowed to operate at 100% capacity
- Tables and chairs must be arranged in a manner to maintain social distancing and good ventilation.
- Fully vaccinated individuals are allowed to bring their children below the age of 17 years old to dine in with them.
- Dine-in to celebrate social events are not allowed.



SPORTS & RECREATION



- Usage of sports and recreational facilities and premises are confined to fully vaccinated individuals only.
- Sports, recreation and leisure activities without physical contact and non-group activities (outdoors) are permitted from 6am to 8pm.
- Activities include jogging, exercise, tai chi, cycling, skateboarding, fishing, equestrian, archery, climbing, tennis (singles), badminton (singles), golf, motoring and the likes.
- Operation of all outdoor commercial sports facilities and recreational centres including swimming pools (open/semi-open) are allowed to operate with.
- Shower Rooms are not allowed to be open



PICNICS & CAMPING



- Picnics and camping are allowed.
- Participation of children aged 17 and under is allowed with strict adherence to SOP.



RESTRICTION IN MOVEMENT



- Fully vaccinated individuals are allowed to travel as per the capacity of the car.



RELIGIOUS ACTIVITY



- Muslims: Prayers in mosques and suraus are allowed for those who are fully vaccinated.
- Islamic wedding ceremonies in the religious department and mosque with attendance is allowed in accordance with the ruling of the State Religious Authority.
- Non-Muslims: Activities in houses of worship other than Islam allowed for those who are fully vaccinated.
- The registration of marriages for non-Muslims at the National Registration Department (JPN), House of Worship and Religious Associations is allowed with attendance as determined by JPN.
- Burial activities for Muslims and Non-Muslims allowed in accordance with the ruling of the State Religious Authority and Ministry of National Unity respectively.

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Essential Services

- Food and beverage including for animals
- Health and medical care including dietary supplements; animal care and clinics, as well veterinary services
- Water
- Energy
- Security and safety, defence, emergency, welfare and humanitarian aid
- Solid waste management and public cleaning and sewerage
- Land, water or air transportation
- Services and operations of ports, shipyards and airports including loading, lattice transportation, cargo handling and piloting, and storage or bulk commodity
- Communications including media, telecommunications and internet, post and courier as well as broadcasting (for the dissemination of information, news and those related thereof)
- Banking, insurance, takaful and capital markets (overall capacity 60%- In accordance with SOP for Financial Services Sector by Bank Negara Malaysia)
- Pawnshops and community credit
- E-commerce and information technology
- Production, distillation, storing, supply and distribution of fuel and lubricants
- Hotels and accommodation restricted for the purpose of quarantine, isolation, employment of essential service and not for tourism purposes
- Critical construction, maintenance and repairs
- Forestry (limited to enforcement) and wildlife
- Legislation and Judiciary
- Law firms and commissioner for oaths
- Accounting services
- Logistics - limited to delivery of essential services
- Other Sectors of Essential Services allowed by the Government from time to time

A. MANUFACTURING

Manufacturing & Construction sector that has achieved vaccination rates for its workers as below:

40% : Allowed to operate at a capacity of 60%

60% : Allowed to operate at a capacity of 80%

80% : Allowed to operate at a capacity of 100%

RTK Antigen testing to be carried out on workers every 2 weeks and cost to be borne by employer.

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| <ul style="list-style-type: none"> • Aerospace (components and maintenance, repair and overhaul-MRO) • Food and beverage • Packaging and printing materials only relate to food ingredients and health • Personal care items and detergents • Healthcare and medical products • Personal care items, personal protective equipment (PPE) including rubber gloves and fire safety equipment | <ul style="list-style-type: none"> • Components of medical equipment • Electrical and Electronics (related to global economic chain) • Oil and Gas including petrochemicals and petrochemical products • Machinery and equipment that are related to healthcare and food only • Textiles for PPE production only • Production, distillation, storage, supply and distribution of fuels and lubricants |
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B. Agriculture, Fisheries, Livestock, Plantation and Commodities (Optimal Capacity)

- Agriculture, fisheries and livestock and their supply chains.
- Plantation and its commodities and their supply chains (palm oil, rubber, cocoa plantations).

C. Construction

- Critical maintenance and repair work.
- Major public infrastructure construction works.
- Building construction work that provides complete employee accommodation on the construction site or workers stationed in the Centralized Worker Quarters (CLQ).
- Construction works carried out by contractors G1, G2, G3 and G4.
- Renovation works for individual homes.
- Government Funded Project construction works.
- Land survey work.
- Professional services/ consultants involved for permitted construction work operations.
- Services in the supply chain involved for permitted construction work operations.

D. Distribution Trade

Without Fully Vaccinated Condition:

- Shopping complexes are CLOSED except supermarkets, hypermarkets and department stores INCLUDING all necessary services listed.
- Supermarkets and hypermarkets
- Departmental stores except clothing, jewellery, cosmetic and children's toys sections.
- Pharmacy, self-care, convenience and minimart stores.
- Restaurants
- Laundry (including self-service)
- Animal care and pet food supply shops
- Eyewear and optics shops
- Hardware shops
- E-commerce (all product categories)
- Wholesale and distribution (all categories of essential service products only)
- Vehicle workshop, maintenance and spare parts
- Other Specialty Retail Stores (gas stations)
- Bookstores and stationery shops
- Computer and telecommunication shops

With Fully Vaccinated Condition:

- Car Wash Shops
- Electric & Electronic Shops
- Home & Kitchen Appliances Shops
- Furniture Shops
- Sporting Goods Shops
- Car Accessory Shops
- Car distribution and sales center
- Clothes, Fashion & Accessories Shops
- Jewellery Shops
- Barbers & Beauty Centre/Salon (limited to basic hair cut services)

E. OTHERS

Such services, works, industries and businesses as may be determined by the Government after consultation with the authorities regulating such services, works, industries and businesses.

F. Mining & Quarrying

Mining & Quarrying sector that has achieved vaccination rates for its workers as below:

Less than 60%: Allowed to operate at a capacity of 60%

60% : Allowed to operate at a capacity of 80%

80% : Allowed to operate at a capacity of 100%

RTK Antigen testing to be carried out on workers every 2 weeks and cost to be borne by employer.

The above is gathered from the Majlis Keselamatan Negara Movement Control Order SOP issued by the National Security Council on 3 September 2021.

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Restricted Activities



- Spa, reflexology, massage centres and pedicure/manicure service
- Cyber Cafes and Cyber Centers
- Driving Institutes, Flight Training and Maritime Training Centres
- Photography activities
- Betting agencies, horse racing and casinos
- Activities at nightclubs or pubs, theme parks, indoor playgrounds, family karaoke, family entertainment centres, and cinemas
- Receiving guests or visitors at place residence except in cases of emergency and delivery services
- Formal and informal events of Government and Private sector
- Social events such as engagements, weddings, birthday etc
- Tourism activities entering or leaving district and state
- Tourism activities outside of state for citizens, and tourism activities inside Malaysia for foreign tourists.
- Tourist attractions such as zoo, farms, aquariums, edutainment centres, extreme/adventure/nature parks etc
- Art, culture and heritage centres
- Development and broadcasting of creative content except talks and live streaming done individually; Indoor and outdoor shooting
- Contact and Group sports and recreational activities
- Sports and water recreation activities
- Government and private, formal and informal events, and social events
- Face-to-face meetings,
Seminars/Workshops/Courses/Training/Conferences/Talks/ Exhibitions and all related MICE activities
- Indoor or outdoor busking activities (except at Vaccination Centres), hotel lounge performances
- Manufacturing operation and shops related to alcohol.
- Organising local and international tournaments or competitions or matches EXCEPT indoor competitions/ tournaments organised by the National Sports Council (MSN) and league matches of teams under the Malaysian Football League (MFL).
- Sports and recreational activities conducted outside or across the controlled movement areas that are in force EXCEPT with the permission of PDRM.
- Presence of audience and supporters at any sports and recreation venues.
- Any activity that may cause crowding to the point that it is difficult to ensure social distancing and compliance to the instructions of the Director General of Health