

PHASE ONE OF THE MOVEMENT CONTROL ORDER UNDER THE NATIONAL RECOVERY PLAN

STARTING FROM 10 AUGUST 2021

MAJLIS KESELAMATAN NEGARA GENERAL STANDARD OPERATING PROCEDURES AS OF 9 AUGUST 2021

THE GENERAL SOP IS APPLICABLE IN KEDAH, SELANGOR, NEGERI SEMBILAN, MELAKA, JOHOR, W.P KUALA LUMPUR AND W.P PUTRAJAYA.

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PERMITTED ACTIVITIES

Fully Vaccinated

Individuals are deemed fully vaccinated if they fulfil the following criteria:

- Double dose vaccination such as Pfizer, AstraZeneca and Sinovac: 14 days after the second dose vaccination
- Single dose vaccination such as Johnson & Johnson and CanSino: 28 days after vaccination dose

Restriction in Movement

- No inter-state and inter-district travel except for long distance married couples and parents/guardian who have children below 18 years old provided that they are fully vaccinated. PDRM approval is required together with relevant documents.
- Movement in/out of the MCO area for emergencies such as in cases of death & natural disasters, with PDRM approval.
- Capacity for vehicles carrying goods as well the chain of economic or industrial activities (except transportation of workers) depends on vehicle registration license.
- Capacity for official government vehicles according to vehicle capacity.
- Inter-state and inter-district travel for vaccination purposes is allowed with proof of appointment details.
- Short term business visit is NOT ALLOWED except with PDRM approval.
- MPs and State Legislative Assemblies allowed to travel across respective districts and states for official purposes or for visitation.
- For shopping complexes/supermarkets/department stores, customers only need to perform a body temperature scan once at the entrance of the complex and not at every business premise under one complex.
- Employers, employees, customers and visitors are required to check-in through MySejahtera (or write information manually-no internet access) before entering any government, private or personal office.
- Children below the age of 12 are not allowed to be in public places and facilities except for emergency purposes, treatment, education and exercise.

Travel & Health

- Only 2 pax per household are allowed to go out for food, medicine, dietary supplements and essential items within a 10KM radius.
- Maximum of 3 pax including the patient allowed to travel for purposes of obtaining health or medical care, medicine, swab tests, vaccination programs and security and emergency purposes within a 10KM radius from their residence or in the closest district if unavailable within the 10KM radius.
- Number of passengers in private vehicles, taxis and e-hailing limited to 2 pax only (including driver). Passengers to sit in the back passenger seat.
- Public transportation services are allowed to operate based on 50% of vehicle capacity (operating hours and frequency is according to Ministry of Transportation) except for flights.

Education

- Public and Private Institutes of Higher Education, Skills Training Institutes, Tahfiz Centres and other education institutes are NOT ALLOWED.
- All schools under KPM, private education institutes categorised as private kindergartens, schools and centres, and other educational institutes registered under KPM are NOT ALLOWED.
- Only international and expatriate school students involved in international examinations allowed to be present to sit for the examinations according to the set examination schedule.
- International examinations, professional bodies and research activities that require laboratory facilities in Institutions of Higher Education are allowed.

Economic and Business Sectors

- All essential economic and business sectors approved by the relevant Ministries/Agencies can operate during MCO period.
- Activity and services in all airports and ports.
- Face to face critical interviews allowed.
- Attendance capacity of employees for the civil service is limited to only 40% for essential work (excluding frontliners, security and defence personnel) and 100% Work From Home (WFH) basis for those who are not in essential services. Must be accompanied by official government documents and employee pass.
- Capacity of attendance in the private sector for essential services with letter of approval from the relevant ministry effective from 1 June 2021, which includes operation and management is limited to 60% only. Must be accompanied by registration/operational approval letter and employee pass/employer confirmation letter.
- Government service counters are allowed to operate physically from 1 July 2021 involving:
 - a) Services that cannot be performed online;
 - b) Counter staff capacity does not exceed 50%;
 - c) Physical customer presence only through scheduled appointments.

MALAYSIAN AND NON-MALAYSIAN TRAVELLERS

- Malaysian citizens and Non-Malaysian citizens with a residence in Malaysia (including PR and Malaysia My Second Home) returning or arriving from abroad and who are fully vaccinated, are allowed to undergo home quarantine and will be given a digital Home Surveillance Order (HSO) subject to requirements set by the Ministry of Health Malaysia (MOH).
- Individuals returning/arriving from abroad and have not been fully vaccinated are required to undergo quarantine at a designated quarantine centre and subject to the requirements set by MOH.
- The mandatory quarantine period for travellers for all countries is 14 days with a 7-day extension if necessary, which is based on the results of the risk assessment conducted on the 14th day.
- Travellers from India, Sri Lanka, Bangladesh, Nepal and Pakistan, the quarantine period is 21 days or as set by the MOH.

Day Care Centres

- Childcare and day care centres, nurseries, kindergartens and child development centres for children between 4 to 6 years NOT ALLOWED except for children where both parents and guardians are frontliners and work in essential services sectors.
- Various daycare centres such as for the disabled (OKU), senior citizens and women are allowed to operate.

Sports and Recreation

- Individual and non-contact sports and recreational activities in open areas limited to jogging, cycling, recreational activities like skateboarding and inline skating, etc and exercise only with social distance of at least 2-3 meters and within residential neighbourhoods within the same district from 7am-8pm only.

Religious Activity

- Muslims: Prayers in mosques and suraus are allowed for those who are fully vaccinated.
- Islamic wedding ceremonies in the religious department and mosque with attendance is allowed in accordance with the ruling of the State Religious Authority.
- Non-Muslims: Activities in houses of worship other than Islam allowed for those who are fully vaccinated.
- The registration of marriages for non-Muslims at the National Registration Department (JPN), House of Worship and Religious Associations is allowed with attendance as determined by JPN.
- Burial activities for Muslims and Non-Muslims allowed in accordance with the ruling of the State Religious Authority and Ministry of National Unity respectively.



Hours of Operation

Operations from 8am to 8pm:

- Grocery and convenience stores.
- Shops selling daily necessities such as hardware stores, workshops, baby goods store and religious goods store.
- Supermarkets, hypermarkets and departmental stores.
- Pharmacies, personal care stores, convenience stores and mini marts.
- Animal clinics and shops selling pet food.
- Laundrettes, self-service laundrettes & optical shops.
- E-Commerce (all product categories).
- Wholesale and distribution (essential goods and services only).

Other Hours of Operation:

- Restaurants, shops/food stalls, food trucks, street vendors, mobile vendors, food court/complex and roadside stalls/kiosks for takeaway, drive throughs and deliveries only from 6am-10pm.
- Daily and public markets from 6am-4pm.
- 24 hours or according to operating license for hospitals, clinics and medical laboratories
- Controlled Fresh Markets from 7am-12pm.
- Permanent Farmers' Markets, MyFarm Outlets and Area Farmers Organisation Complexes from 6am-4pm.
- Wholesale markets from 12am-6am and from 11am-4pm.
- Petrol stations (Exception: 24 hours for highway stations) from 6am-8pm.

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Essential Services

- Food and beverage including for animals
- Health and medical care including dietary supplements; animal care and clinics, as well veterinary services
- Water
- Energy
- Security and safety, defence, emergency, welfare and humanitarian aid
- Solid waste management and public cleaning and sewerage
- Land, water or air transportation
- Services and operations of ports, shipyards and airports including loading, lattice transportation, cargo handling and piloting, and storage or bulk commodity
- Communications including media, telecommunications and internet, post and courier as well as broadcasting (for the dissemination of information, news and those related thereof)
- Banking, insurance, takaful and capital markets (overall capacity 60%- In accordance with SOP for Financial Services Sector by Bank Negara Malaysia)
- Pawnshops and community credit
- E-commerce and information technology
- Production, distillation, storing, supply and distribution of fuel and lubricants
- Hotels and accommodation restricted for the purpose of quarantine, isolation, employment of essential service and not for tourism purposes
- Critical construction, maintenance and repairs
- Forestry (limited to enforcement) and wildlife
- Legislation and Judiciary
- Law firms and commissioner for oaths
- Accounting services
- Logistics - limited to delivery of essential services
- Other Sectors of Essential Services allowed by the Government from time to time

A. MANUFACTURING (60% CAPACITY)

- Aerospace (components and maintenance, repair and overhaul-MRO)
- Food and beverage
- Packaging and printing materials only relate to food ingredients and health
- Personal care items and detergents
- Healthcare and medical products
- Personal care items, personal protective equipment (PPE) including rubber gloves and fire safety equipment
- Components of medical equipment
- Electrical and Electronics (related to global economic chain)
- Oil and Gas including petrochemicals and petrochemical products
- Machinery and equipment that are related to healthcare and food only
- Textiles for PPE production only
- Production, distillation, storage, supply and distribution of fuels and lubricants

B. Agriculture, Fisheries, Livestock, Plantation and Commodities (Optimal Capacity)

- Agriculture, fisheries and livestock and their supply chains.
- Plantation and its commodities and their supply chains (palm oil, rubber, cocoa plantations).

C. Construction

- Critical maintenance and repair work.
- Major public infrastructure construction works.
- Building construction work that provides complete employee accommodation on the construction site or workers stationed in the Centralized Worker Quarters (CLQ).
- Construction works carried out by contractors G1, G2, G3 and G4.
- Renovation works for individual homes.
- Government Funded Project construction works.
- Land survey work.
- Professional services/ consultants involved for permitted construction work operations.
- Services in the supply chain involved for permitted construction work operations.

D. Distribution Trade

- Shopping complexes are CLOSED except supermarkets, hypermarkets and department stores INCLUDING all necessary services listed.
- Supermarkets and hypermarkets
- Departmental stores except clothing, jewellery, cosmetic and children's toys sections.
- Pharmacy, self-care, general and minimart stores.
- Restaurants
- Laundry (including self-service)
- Animal care and pet food supply shops
- Eyewear and optics shops
- Hardware shops
- E-commerce (all product categories)
- Wholesale and distribution (all categories of essential service products only)
- Vehicle workshop, maintenance and spare parts
- Other Specialty Retail Stores (gas stations)
- Bookstores and stationery shops
- Computer and telecommunication shops

E. OTHERS

Such services, works, industries and businesses as may be determined by the Government after consultation with the authorities regulating such services, works, industries and businesses.

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Restricted Activities



- Restaurant and food store dine-ins; Park & dine; Picnic activities
- Spa, reflexology, massage centres and pedicure/manicure service
- Night markets, farmers' market and weekly markets
- Barber shops and salons; Furniture shops; jewellery store; Car wash shops; Book and Stationeries Shop; Clothing store; Car accessory store; Toy shop; Sports equipment store; Flower/nursery shops; Cyber Cafes and Cyber Centers
- Driving Institutes, Flight Training and Maritime Training Centres
- Photography activities
- Betting agencies, horse racing and casinos
- Activities at nightclubs or pubs, theme parks, indoor playgrounds, family karaoke, family entertainment centres, and cinemas
- Receiving guests or visitors at place residence except in cases of emergency and delivery services
- Formal and informal events of Government and Private sector
- Social events such as engagements, weddings, birthday etc
- Tourism activities entering or leaving district and state
- Tourism activities outside of state for citizens, and tourism activities inside Malaysia for foreign tourists.
- Tourist attractions such as zoo, farms, aquariums, edutainment centres, extreme/adventure/nature parks etc
- Art, culture and heritage centres
- Development and broadcasting of creative content except talks and live streaming done individually; Indoor filming
- Contact and Group sports and recreational activities
- Sports and water recreation activities
- Government and private, formal and informal events, and social events
- Face-to-face meetings,
Seminars/Workshops/Courses/Training/Conferences/Talks/ Exhibitions and all related MICE activities
- Indoor or outdoor busking activities (except at Vaccination Centres), hotel lounge performances
- Manufacturing operation and shops related to alcohol.
- Operations of ALL sports and recreational facilities or premises EXCEPT public parks that are subject to Local Authorities (PBT) and sports venues involving the National Sports Council (MSN), State Sports Councils (State MSN) and teams under the Malaysian Football League (MFL).
- Organising local and international tournaments or competitions or matches EXCEPT indoor competitions/ tournaments organised by the National Sports Council (MSN) and league matches of teams under the Malaysian Football League (MFL).
- Sports and recreational activities conducted outside or across the controlled movement areas that are in force EXCEPT with the permission of PDRM.
- Any activity that may cause crowding to the point that it is difficult to ensure social distancing and compliance to the instructions of the Director General of Health