

# PHASE ONE OF THE MOVEMENT CONTROL ORDER UNDER THE NATIONAL RECOVERY PLAN

STARTING FROM 5 JULY 2021

## MAJLIS KESELAMATAN NEGARA GENERAL STANDARD OPERATING PROCEDURES AS OF 9 JULY 2021

THE GENERAL SOP IS APPLICABLE IN KEDAH, SELANGOR, NEGERI SEMBILAN, MELAKA, JOHOR, SARAWAK, W.P KUALA LUMPUR, W.P PUTRAJAYA AND W.P LABUAN.

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### PERMITTED ACTIVITIES

#### Restriction in Movement



- No inter-state and inter-district travel.
- Movement in/out of the MCO area for emergencies such as in cases of death & natural disasters, with PDRM approval.
- Capacity for vehicles carrying goods as well the chain of economic or industrial activities (except transportation of workers) depends on vehicle registration license.
- Capacity for official government vehicles according to vehicle capacity.
- Inter-state and inter-district travel for vaccination purposes is allowed with proof of appointment details.
- Short term business visit is NOT ALLOWED except with PDRM approval.
- Travelling inter-state and inter-district is NOT ALLOWED for long-distance married couples.
- MPs and State Legislative Assemblies allowed to travel across respective districts and states for official purposes or for visitation.
- For shopping complexes/supermarkets/department stores, customers only need to perform a body temperature scan once at the entrance of the complex and not at every business premise under one complex.
- Employers, employees, customers and visitors are required to check-in through MySejahtera (or write information manually-no internet access) before entering any government, private or personal office.
- Children below the age of 12 are not allowed to be in public places and facilities except for emergency purposes, treatment, education and exercise.

#### Travel & Health



- Only 2 pax per household are allowed to go out for food, medicine, dietary supplements and essential items within a 10KM radius.
- Maximum of 3 pax including the patient allowed to travel for purposes of obtaining health or medical care, medicine, swab tests, vaccination programs and security and emergency purposes within a 10KM radius from their residence or in the closest district if unavailable within the 10KM radius.
- Number of passengers in private vehicles, taxis and e-hailing limited to 2 pax only (including driver). Passengers to sit in the back passenger seat.
- Public transportation services are allowed to operate based on 50% of vehicle capacity (operating hours and frequency is according to Ministry of Transportation) except for flights.

#### Education

- Public and Private Institutes of Higher Education, Skills Training Institutes, Tahfiz Centres and other education institutes are NOT ALLOWED.
- All schools under KPM, private education institutes categorised as private kindergartens, schools and centres, and other educational institutes registered under KPM are NOT ALLOWED.
- Only international and expatriate school students involved in international examinations allowed to be present to sit for the examinations according to the set examination schedule.
- International examinations, professional bodies and research activities that require laboratory facilities in Institutions of Higher Education are allowed.

#### Economic and Business Sectors

- All essential economic and business sectors approved by the relevant Ministries/Agencies can operate during MCO period.
- Activity and services in all airports and ports.
- Attendance capacity of employees for the civil service is limited to only 20% for essential work (excluding frontliners, security and defence personnel) and 100% Work From Home (WFH) basis for those who are not in essential services. Must be accompanied by official government documents and employee pass.
- Capacity of attendance in the private sector for essential services with letter of approval from the relevant ministry effective from 1 June 2021, which includes operation and management is limited to 60% only. Must be accompanied by registration/operational approval letter and employee pass/employer confirmation letter.
- Government service counters are allowed to operate physically from 1 July 2021 involving:
  - a) Services that cannot be performed online;
  - b) Counter staff capacity does not exceed 50%;
  - c) Physical customer presence only through scheduled appointments.

#### Day Care Centres



- Childcare centres, nurseries, kindergartens and child development centres for children between 4 to 6 years NOT ALLOWED except for children where both parents and guardians are frontliners and work in essential services sectors.
- Various daycare centres such as for the disabled (OKU), senior citizens and women are allowed to operate.

#### Sports and Recreation

- Individual and non-contact sports and recreational activities in open areas limited to jogging and exercise only with social distancing of at least 2-3 meters and within residential neighbourhoods within the same district from 7am-8pm only.

#### Religious Activity



- Muslim: Prayer is limited to a maximum of 12 committee members only in the mosque/surau.
- Islamic wedding ceremonies in the religious department and mosque with attendance is allowed in accordance with the ruling of the State Religious Authority.
- Non-Muslim: Activities in non-Islamic religious places is limited to a maximum of 12 committee members only.
- The registration of marriages for non-Muslims at the National Registration Department (JPN), House of Worship and Religious Associations is allowed with attendance as determined by JPN.
- Burial activities for Muslims and Non-Muslims allowed in accordance with the ruling of the State Religious Authority and Ministry of National Unity respectively.



#### Hours of Operation

Operations from 8am to 8pm:

- Grocery and convenience stores.
- Shops selling daily necessities such as hardware stores, workshops, baby goods store and religious goods store.
- Supermarkets, hypermarkets and departmental stores.
- Pharmacies, personal care stores, convenience stores and mini marts.
- Animal clinics and shops selling pet food.
- Laundrettes, self-service laundrettes & optical shops.
- E-Commerce (all product categories).
- Wholesale and distribution (essential goods and services only).

#### Other Hours of Operation:

- Restaurants, shops/food stalls, food trucks, street vendors, mobile vendors, food court/complex and roadside stalls/kiosks for takeaway, drive throughs and deliveries only from 6am-10pm.
- Daily and public markets from 6am-2pm.
- 24 hours or according to operating license for hospitals, clinics and medical laboratories
- Controlled Fresh Markets from 7am-12pm.
- Permanent Farmers' Markets, MyFarm Outlets and Area Farmers Organisation Complexes from 6am-4pm.
- Wholesale markets from 12am-6am and from 11am-4pm.
- Petrol stations (Exception: 24 hours for highway stations) from 6am-8pm.

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### Essential Services

- Food and beverage including for animals
- Health and medical care including dietary supplements; animal care and clinics, as well veterinary services
- Water
- Energy
- Security and safety, defence, emergency, welfare and humanitarian aid
- Solid waste management and public cleaning and sewerage
- Land, water or air transportation
- Services and operations of ports, shipyards and airports including loading, lattice transportation, cargo handling and piloting, and storage or bulk commodity
- Communications including media, telecommunications and internet, post and courier as well as broadcasting (for the dissemination of information, news and those related thereof)
- Banking, insurance, takaful and capital markets (overall capacity 60%- In accordance with SOP for Financial Services Sector by Bank Negara Malaysia)
- Pawnshops and community credit
- E-commerce and information technology
- Production, distillation, storing, supply and distribution of fuel and lubricants
- Hotels and accommodation restricted for the purpose of quarantine, isolation, employment of essential service and not for tourism purposes
- Critical construction, maintenance and repairs
- Forestry (limited to enforcement) and wildlife
- Legislation and Judiciary
- Law firms and commissioner for oaths
- Logistics - limited to delivery of essential services
- Other Sectors of Essential Services allowed by the Government from time to time

#### A. MANUFACTURING (60% CAPACITY)

- Aerospace (components and maintenance, repair and overhaul-MRO)
- Food and beverage
- Packaging and printing materials only relate to food ingredients and health
- Personal care items and detergents
- Healthcare and medical products
- Personal care items, personal protective equipment (PPE) including rubber gloves and fire safety equipment
- Components of medical equipment
- Electrical and Electronics (related to global economic chain)
- Oil and Gas including petrochemicals and petrochemical products
- Machinery and equipment that are related to healthcare and food only
- Textiles for PPE production only
- Production, distillation, storage, supply and distribution of fuels and lubricants

#### B. Agriculture, Fisheries, Livestock, Plantation and Commodities (Optimal Capacity)

- Agriculture, fisheries and livestock and their supply chains.
- Plantation and its commodities and their supply chains (palm oil, rubber, cocoa plantations).

#### C. Construction

- Critical maintenance and repair work.
- Major public infrastructure construction works.
- Building construction work that provides complete employee accommodation on the construction site or workers stationed in the Centralized Worker Quarters (CLQ).
- Construction works carried out by contractors G1, G2, G3 and G4.

#### D. Distribution Trade

- Shopping complexes are CLOSED except supermarkets, hypermarkets and department stores INCLUDING all necessary services listed.
- Supermarkets, supermarkets and departmental stores.
- Pharmacy, self-care, general and minimart stores.
- Restaurants
- Laundry (including self-service)
- Animal care and pet food supply shops
- Eyewear and optics shops
- Hardware shops
- E-commerce (all product categories)
- Wholesale and distribution (all categories of essential service products only)
- Vehicle workshop, maintenance and spare parts
- Other Specialty Retail Stores (gas stations)
- Telecommunication shops (customer service centre- authorised sellers/dealers of telecommunication company only)

#### E. OTHERS

Such services, works, industries and businesses as may be determined by the Government after consultation with the authorities regulating such services, works, industries and businesses.

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### Restricted Activities



- Restaurant and food store dine-ins; Park & dine; Picnic activities
- Spa, reflexology, massage centres and pedicure/manicure service
- Night markets, farmers' market and weekly markets
- Barber shops and salons; Furniture shops; jewellery store; Car wash shops; Book and Stationeries Shop; Clothing store; Car accessory store; Toy shop; Sports equipment store; Flower/nursery shops; Cyber Cafes and Cyber Centers
- Driving Institutes, Flight Training and Maritime Training Centres
- Photography activities
- Betting agencies, horse racing and casinos
- Activities at nightclubs or pubs, theme parks, indoor playgrounds, family karaoke, family entertainment centres, and cinemas
- Receiving guests or visitors at place residence except in cases of emergency and delivery services
- Formal and informal events of Government and Private sector
- Social events such as engagements, weddings, birthday etc
- Tourism activities entering or leaving district and state
- Tourist attractions such as zoo, farms, aquariums, edutainment centres, extreme/adventure/nature parks etc
- Art, culture and heritage centres
- Development and broadcasting of creative content except talks and live streaming done individually
- Operation of sports and recreational facilities except public parks subject to Local State Authorities.
- Contact and Group sports and recreational activities
- Government and private, formal and informal events, and social events
- Face-to-face meetings,  
Seminars/Workshops/Courses/Training/Conferences/Talks/ Exhibitions and all related MICE activities
- Indoor or outdoor busking activities(except at Vaccination Centres), hotel lounge performances
- Mass activities
- Manufacturing operation and shops related to alcohol.
- Any activity that may cause crowding to the point that it is difficult to ensure social distancing and compliance to the instructions of the Director General of Health